



Greetings from Zambia!

It is so good to be home!

The 26 hour plane journey was a success...Bella never cried once!

She laughed, slept, and watched

the movie 'Rio' 10 times. When we arrived in Africa the other passengers next to us gave her praises how well she behaved and we even managed to get 19 bags home without anything gone missing, praise God! Thank you again to everyone for all the beautiful gifts for Bella, we are well stocked! 😊



Daddy was very excited to have Bella home. They are reunited and a great team! They spend their time together exploring the wonders of creation and Bella can't seem to get enough; a new flower, playing in the water, staring in the mirror together, playing with the puppy dogs, and staring at the rainbows and clouds. Life here is good!

Angie is Bella's beloved nanny; Bella can't seem to get enough of her. And Angie is settling in just fine...as I type this I can hear her giggling in the hallway as she squashes another spider...one of her favorite pass times 😊





Liliana had a great 3 week mission trip (our first official missionary with Embrace the Grace Ministries). We have been busy from the moment we arrived until this past Monday when she headed back to the states. Nursing Home Ministry, Orphan Ministry, Village Ministry, Children's Hospital Ministry, Discipleship Group, Water Baptism, Bible Study, Intercessory Prayer, walking with Cheetahs and Lions, Church in Zimbabwe, Microlighting over the Victoria Falls, and even a safari in Botswana!



We hope Africa has touched her heart as much as she has touched Africa with the light of Christ...Thank you Liliana!



As for myself...whoosh, I must say this is a big adjustment. I think I had spent a bit too much time in the comforts of the states. When we arrived it was about 100 degrees and dry heat. I had forgotten that nothing here stays clean for longer than 10 minutes, a layer of red dirt covers all my cleaning efforts. The water needs to be heated, if you forget, then it is ice cold showers in the evenings. The power cuts are every Tuesday and Thursday evenings which makes cooking dinner or washing up a mission. Washing clothes by hand in the bath tub has demolished any efforts of chiropractic

care I had in the states. I had nearly forgotten what it was like to have to cook without a microwave or run to the nearest take out ...now it is cooking from scratch every meal, no canned goods, no frozen anything, all from scratch. It takes a bit of time to remember to drive on the opposite side of the car and road, but luckily being Africa, most drivers drive all over the place anyway. The burning of fields has begun so that the planting can happen before the rains...the only downside is we must keep all windows closed in the house, which also closes in all the heat.



With all that being said, I must say Africa is still beyond imagination beautiful. About 50 elephants lined the road our second day here. The Victoria Falls are flowing, powerful, and extremely magical with rainbows in the mist. The Zebras and Giraffe still openly graze as we walk by and the baboons are busy getting into mischief. The hippos are frolicking in the Zambezi and the sunsets...ooh the sunsets...are still too glorious for words. All of our friends and other missionaries here have welcomed us home with open arms and settling back in has begun along with the first rains.



We look forward to a new season of ministry the Lord has for us and can't wait to see who will come out this year to be a part of it with us...maybe you?



God Bless you all in the states, we miss and love you very much!

Heiko, Anita, & Baby Bella in Africa

